

## A C T I V I T Y

(1) Read the following names in hiragana and work out what fruit or vegetable each name indicates. Draw a picture of each food.

- a. ぶどう
- b. くり
- c. なし
- d. さつまいも
- e. すいか
- f. いちご
- g. みかん
- h. たけのこ
- i. ほうれんそう
- j. だいこん
- k. きゅうり

(2) What does *Shun* (旬) mean?

(3) During which of the four seasons does each of the foods listed above taste best in Japan?

- ・ はる
- ・ なつ
- ・ あき
- ・ ふゆ

(4) What kinds of vegetables and fruit are grown in the area where you live. Write them in the chart below.

	[1]	[2]	[3]
たべもののなまえ (Name of food)			
どのきせつにたべますか (Which season is it eaten?)			
どんなあじですか (How does it taste?)			
どうやってたべますか (How is it prepared?)			

(5) What kind of nutrition do the foods listed in (4) above provide to the human diet? Think about the connection between the natural environment and climate and the way you live.